

REPUTATION

We have an excellent reputation in the local community and with local healthcare professionals and social workers. We pride ourselves on the number of clients who choose us following personal recommendations.

We are proud that we have a *GOLD* quality grading from Sunderland Council the highest award for care homes in Sunderland.

Contact our Manager, Mrs Lynn Bell, for further details on 0191 5655385.

More details about our service provision are included in the Service User Guide which is available from the Manager.



"I just have to let you know that I am really grateful for the care and attention you and your staff give to my Nanna - Barbara." A resident's family member

"A warm and pleasant environment which is instantly felt on arrival. The many lounges and sitting areas ensure a homely atmosphere." A resident

RESPIRE CARE

We understand that family carers sometimes need help and support for their own health which is why we also provide short term breaks in the form of respite care. We offer dedicated respite rooms, all with en-suite. Respite care is available on a flexible basis from one night to a few weeks. Please contact us to discuss your requirements.



CEDAR HOUSE CARE HOME

The highest, GOLD, rating from Sunderland Council for quality of care

Cedar House is part of Parkside Care Limited, a small family company delivering quality care, dignity and support to older people since 1988.

- *Quality Care and Support*
- *Your Home from Home*
- *Property With character*
- *Great Activities and Outings*



Call us today to arrange a visit:

0191 5655385

Or email Cedarhouse@parksidecare.co.uk

www.parksidecare.co.uk/cedarhouse

ABOUT US

Cedar House is a substantial, Victorian property situated in the quiet residential area of Ashbrooke overlooking Backhouse Park and is well served by public transport and close to many local amenities.

The management and supervision of Cedar House is led by the owners who are actively involved in the running of the Home.

We are registered to offer residential care for 31 older people with dementia, mobility problems, sensory problems and other disabilities of old age.

AIMS OF CEDAR HOUSE CARE HOME

At Cedar House we offer excellent facilities and friendly, person centred care to meet every client's individual needs.

Our aims:

- We provide person centred care and individual attention
- We offer care discreetly and tactfully so as not to discourage self-help
- We promote and safeguard residents' rights and dignity
- We respect residents' freedom of choice and do not follow rigid routines
- We support residents to continue religious, ethnic and cultural observances, interests and hobbies.

LIFE AT CEDAR HOUSE

Cedar House is a unique building with character and history and we invest consistently in the surroundings and furnishings. As a traditional building every room is different and also decorated individually to make it feel like a 'home from home'. Residents are encouraged to individualise their rooms and many bring in favourite pieces of furniture, ornaments and pictures.

Residents have a choice of spacious lounges overlooking our mature gardens and a dining room where meal times can be enjoyed in a communal atmosphere; alternatively residents can choose to dine in one of the lounges or their own bedroom.

We have mature south facing gardens to the rear of the home which residents like to use to relax and entertain visitors in the summer and provides a lovely location for our summer fayre and barbeque.

At Cedar House we offer a variety of daily activities including arts & crafts, reminiscing sessions, quizzes, gentle exercise classes and manicure sessions. Our weekly prize bingo is very popular and afternoon sing-alongs are also encouraged.

Or residents can choose to simply enjoy the quiet atmosphere in our lounge and garden, watch a film, or catch up with friends.

We even have our own daily reminiscing newspaper 'The Daily Sparkle' that residents can read on their own as well as discussing the articles with staff and friends.

Entertainers also visit on a regular basis and we have various outings and in-house functions.



ADMISSION

As a family run business we understand how worrying it can be when a family member moves into care, this is why we are keen to resolve your anxieties by involving you as much as you choose in the process.

Prospective residents are invited to spend some time with us so they can view the Home and their room and discuss matters with the Manager prior to making any decision on taking up residence.

VISITING

Family and friends are always welcome. We are always glad to see visitors and staff will be pleased to provide you with refreshments on request. Residents are also free to go out with friends or family members whenever they choose to do so as long as a senior member of staff is informed.

We encourage family and friends to get involved in our social events and activities which have included concerts, fairs, barbeques and fund raising events.

For those family members who are not able to visit as often as they would like we can advise on the best transport options and you are welcome to stay all day and join your relative for a meal if desired.

MEALS

Varied, wholesome and well balanced meals are all freshly prepared on the premises using the best produce by our experienced cook. We specialise in wholesome, appetising, home-style cooking. Special diets are catered for and every effort is made to accommodate individual tastes and special requests.

